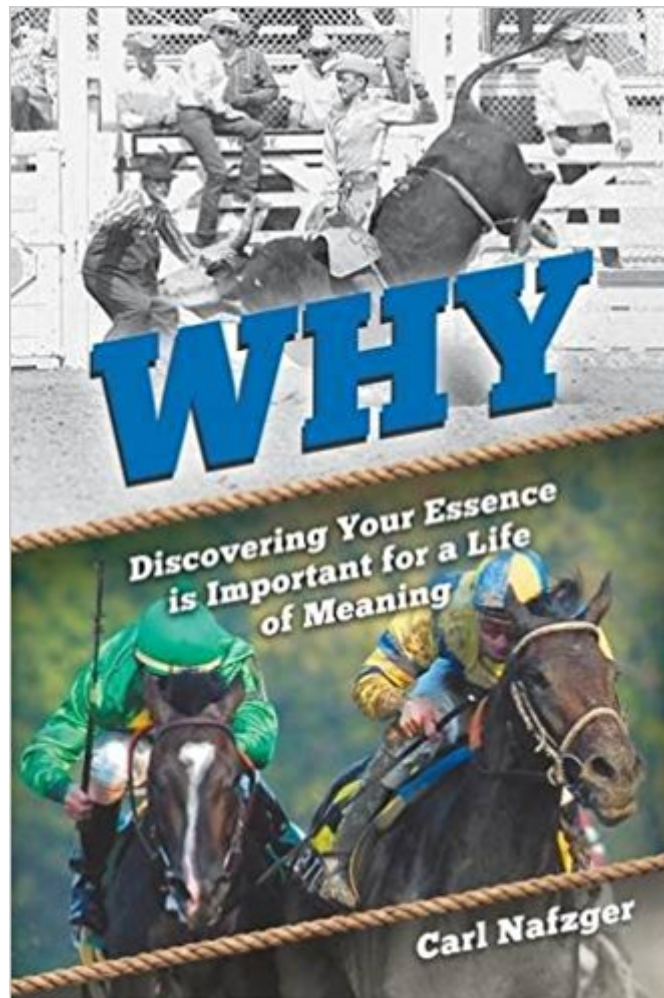




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Why: Discovering Your Essence Is Important For A Life Of Meaning



Synopsis

In this latest book by Carl Nafzger, he shares the results of his lifelong quest to understand the true meaning of success and how to achieve it. Author of the popular book on training racehorses, *Traits of a Winner*, Carl was raised on a Texas ranch. He spent his early life on the rodeo circuit, quickly becoming one of America's leading bull riders in the 1960s before retiring in the early 1970s and launching a new career as a Thoroughbred racehorse trainer. Carl's success in both careers earned him membership in the Professional Bull Riders' Ring of Honor, the Texas Rodeo Cowboy Hall of Fame and the National Museum of Racing and Hall of Fame. The road to success, however, was a rollercoaster ride that had extreme highs but also many lows that made him question not only his life, but life in general. As a young cowboy on the rodeo circuit, Carl read everything he could that might help him find answers to his many questions about life, most all of which began with the word "why." He started his life as a Christian, rejected it, and eventually found his way back to God. In *Why*, Carl explains how he found success and peace in life and how you can do so too.

Book Information

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Customer Reviews

This book is truly one of a kind in my opinion. It is a "handbook" on both Christianity and Spirituality as well as the essence of life. By "handbook" I mean it touches on most subjects that make life more enjoyable and easier to both understand and to overcome daily obstacles. It will be at hand on my bookshelf for me for just a to give me a quick refocus on life and how to deal with those obstacles as well as how to appreciate it. It truly allowed me to re-focus on some things that I needed to refocus on. I have a minor in Philosophy & Religion from Wesleyan, and I think that this is one of the BEST

short reads and quick reference guide to to my view of Christianity/Spiritualism that is on the market today. A must read and it is now required reading in my family from my 15 year old son to my 78 year old mother. Mr. Nafzger you and your co-writer have done an excellent job to bringing great principles and guidance to us that really applies to today's modern times.

Having known Carl and Wanda Nafzger for years, I can tell you that they live their life as described in this book. Carl has always been a philosopher at heart and a good man at his core and the book describes in graphic detail the many ways in which he has managed to stay on a path that is true to his soul and to his goals while also creating an immensely successful career. For Carl and Wanda being successful in life and in work are NOT one and the same--which is very likely why they've been fruitful with both. This book is an easy read--a short book with concise paragraphs. If you're looking for some direction in your own life--in search of a "a life of meaning", this book is a great place to start!

I enjoyed the book and finished it feeling encouraged and ready start applying the principles to my daily life. I gave this book 5/5 stars. I liked the "common sense" approach of the author's ideas and enjoyed the sharing of "real life" experiences pertaining to each chapter. It was a very enjoyable and uplifting read.

Wonderful inspiring book!!! Gave many copies as gifts!!!

I had trouble putting the book down until it was finished.

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